

WELCOME TO JACK FENN'S BISTRO

Here at Jack Fenn's we only use the best quality and locally sourced ingredients in our menus.

Our wide range of salad greens, herbs, fruit and flowers are grown in our kitchen garden on the back lawn. Local Bee Keeper -Fergal O'Shea looks after our beehives. Our pride and joy. We dry age our beef in-house, sourced from Michael Mc Hales, Castlebar. . We have wonderful seafood on our doorstep! It is supplied from Killala Bay, The Moy Estuary, oysters are sourced from Achill Oysters, with other fish and smoked salmon sourced from Clarkes, Ballina. All our Farmhouse cheeses are Irish, also sourced from the talented Dan Dozio, Charlestown.

Sit back, relax and let us take care of you.

All allergens are openly used throughout our menus. Trace amounts may be present at all stages of cooking. Please at all times, discuss with your server as to what elements can be removed from your dish in order to assist with any allergies or dietary requirements you may have.

1. Gluten,
2. Crustaceans,
3. Eggs,
4. Fish,
5. Peanuts,
6. Soybeans,
7. Milk,
8. Nuts,
9. Celery,
10. Mustard,
11. Sesame,
12. Sulphur dioxide/sulphites,
13. Lupin,
14. Molluscs.



Jack Fenn.

Courtyard Coffee Shop & Bistro

LUNCHTIME MENU

SEASONAL SOUP OF THE DAY HOMEMADE BROWN BREAD 1,3,7,11	€7.50
CLASSIC JACK FENN ATLANTIC SEAFOOD CHOWDER HOUSE MADE BROWN BREAD. 1,2,4,7,9,10,11,14	€10.95
QUICHE OF THE DAY PLEASE ASK YOUR SERVER FOR TODAY'S FRESHLY MADE QUICHE SERVED WITH GARDEN SALAD, AND BELLEEK RELISH 1,3,4,6,7	€11.00
KILLARY FJORD MUSSELS COCONUT CURRY & CORIANDER 2,4,9,14	€16.00
SALADS	
GRILLED CHICKEN CAESAR SALAD GRILLED IRISH CHICKEN BREAST, BABY GEM, BRIOCHE CROUTONS, STREAKY BACON, DOZIO BARR RUA SHAVINGS, CAESAR DRESSING 1,3,4,6,7,10,12	€16.00
FIVE MILE TOWN GOATS CHEESE SALAD GRILLED SWEET PEACHES, QUINOA, HAZELNUTS, BASIL, RED ONION 1,7,8,9,10	€15.00
JACK FENNS GREEK SALAD SPICED CHICKPEAS, FETA CHEESE, BLACK OLIVES, BABY GEM, TOMATOES, RED ONION, CUCUMBER, GREEK DRESSING 1,6,7,10,12	€15.00
JOHN CLARKES SMOKED SALMON, IRISH MOZZARELLA TOONSBRIDGE MOZZARELLA, CAPERS, RED ONION, BASIL PESTO, CHARRED LEMON, HOMEMADE BROWN BREAD 1,4,7,9,10,11	€16.50
THE MOY FISHERMAN'S LUNCH JOHN CLARKE'S SMOKED SALMON PATE, BREADED TORPEDO PRAWNS, OLIVER'S CRAB SALAD, PICKLED HERRING, THOUSAND ISLAND DRESSING, SERVED WITH JACK FENN'S BROWN BREAD 1,2,3,4,6,7,11,12,14	€16.50

1. GLUTEN, 2. CRUSTACEANS, 3. EGGS, 4. FISH, 5. PEANUTS, 6. SOYBEANS, 7. MILK, 8. NUTS,
9. CELERY, 10. MUSTARD, 11. SESAME, 12. SULPHUR DIOXIDE/SULPHITES, 13. LUPIN, 14. MOLLUSCS

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SANDWICHES

THE REUBEN RUSTIC CIABATTA IRISH CORNED BEEF, SAUERKRAUT, SWISS CHEESE, THOUSAND ISLAND DRESSING, FRIES 1,3,7,10	€16.00
CAPRESE SANDWICH GRILLED FOCACCIA TOONSBRIDGE MOZZARELLA, TOMATOES, BASIL PESTO, ROCKET, BALSAMIC VINEGAR, SWEET POTATO FRIES 1,3,7,9,10	€15.00
SLOW COOKED BBQ BRISKET RUSTIC CIABATTA CHOPPED BRISKET, SWEET JALAPENO SLAW, CRISPY ONIONS, ROCKET, GARLIC FRIES 1,3,6,7,9,10,12	€16.00
KNOXGORE SANDWICH GRILLED SOURDOUGH, PULLED SPICED PORK, DELI HAM, DOZIO, SWEET MUSTARD, FRIES 1,3,6,7,9,10,12	€16.00
PRAWN & LOBSTER ROLL BRIOCHE, BUTTER POACHED PRAWNS & LOBSTER BOUND IN A THOUSAND ISLAND DRESSING, PICKLED VEGETABLES, FRIES 1,2,3,4,7,9,12,14	€16.50

SIDES

SWEET POTATO FRIES	€6.00
GARLIC FRIES	€5.00
FRIES	€4.50
SIDE SALAD	€5.50

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CHILDREN'S MENU

Cup of Soup & Bread 1,3,7,9	€5.50
Bowl of Mussels, Homemade brown bread 1,6,7,12,14	€7.50
Cheese Toastie & Chips 1, 7	€7.50
Sausage & Chips 1,3,4,6,7	€7.50
Chicken Goujon & Chips 1,3,6,7	€7.50
Penne Pasta with homemade Tomato Sauce 1,3,7,9,	€7.50

